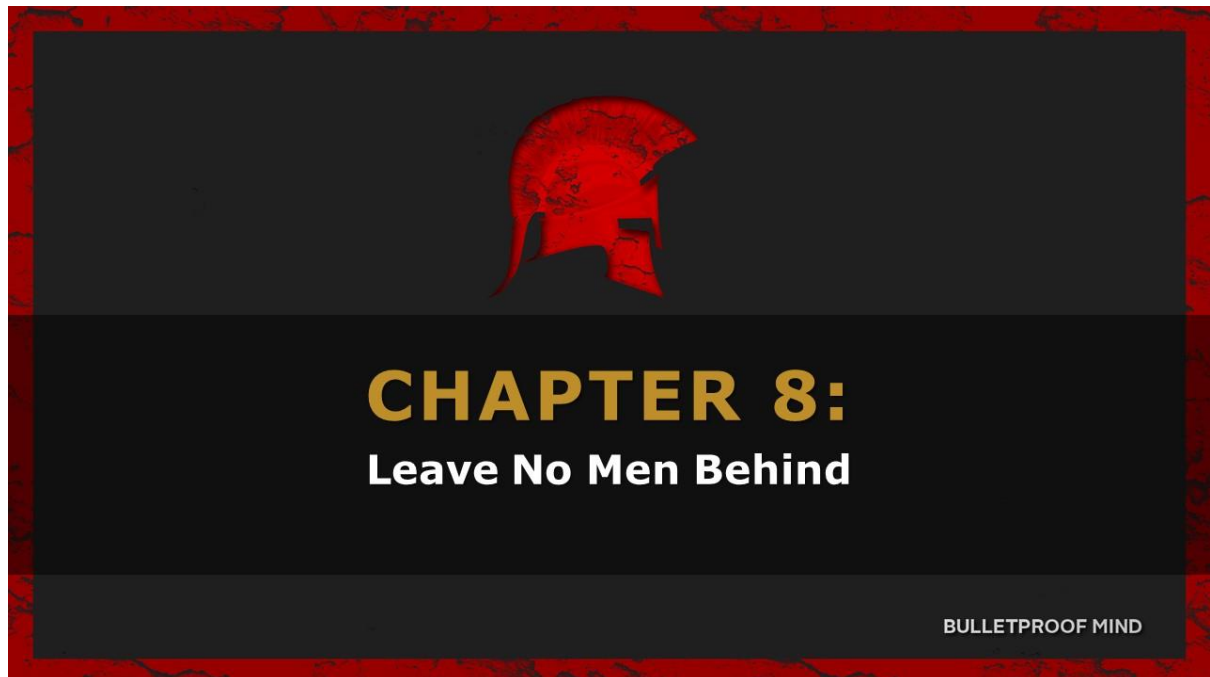
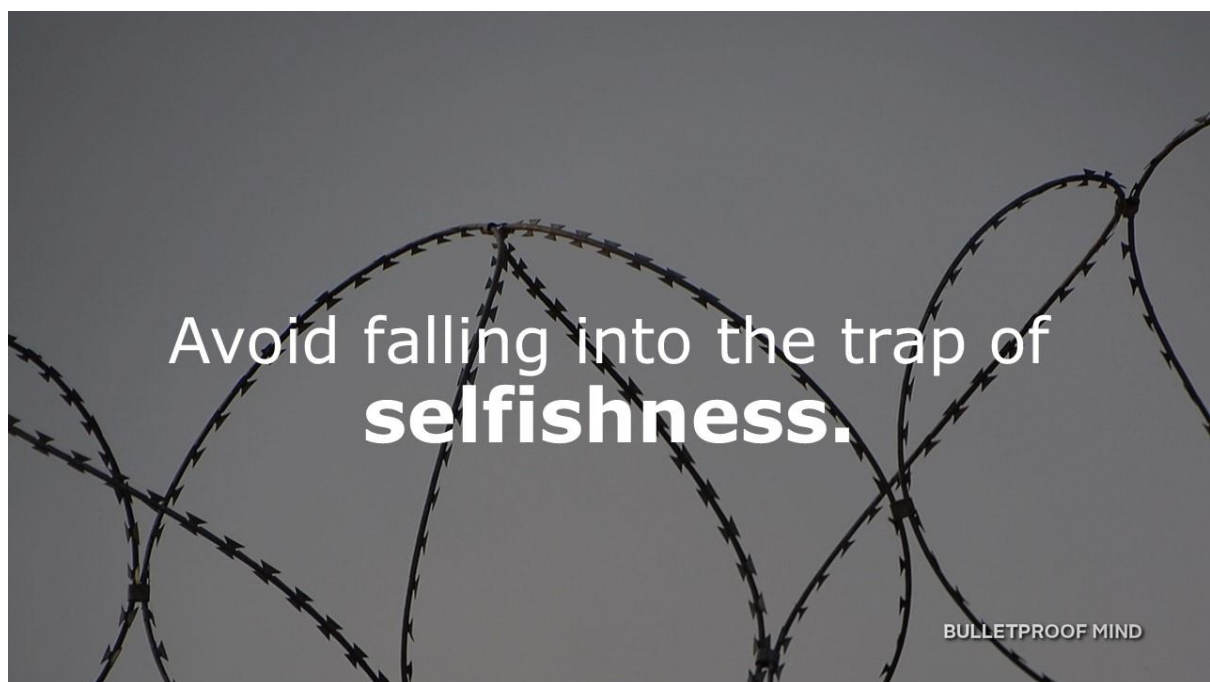


8-0 Leave No Man Behind

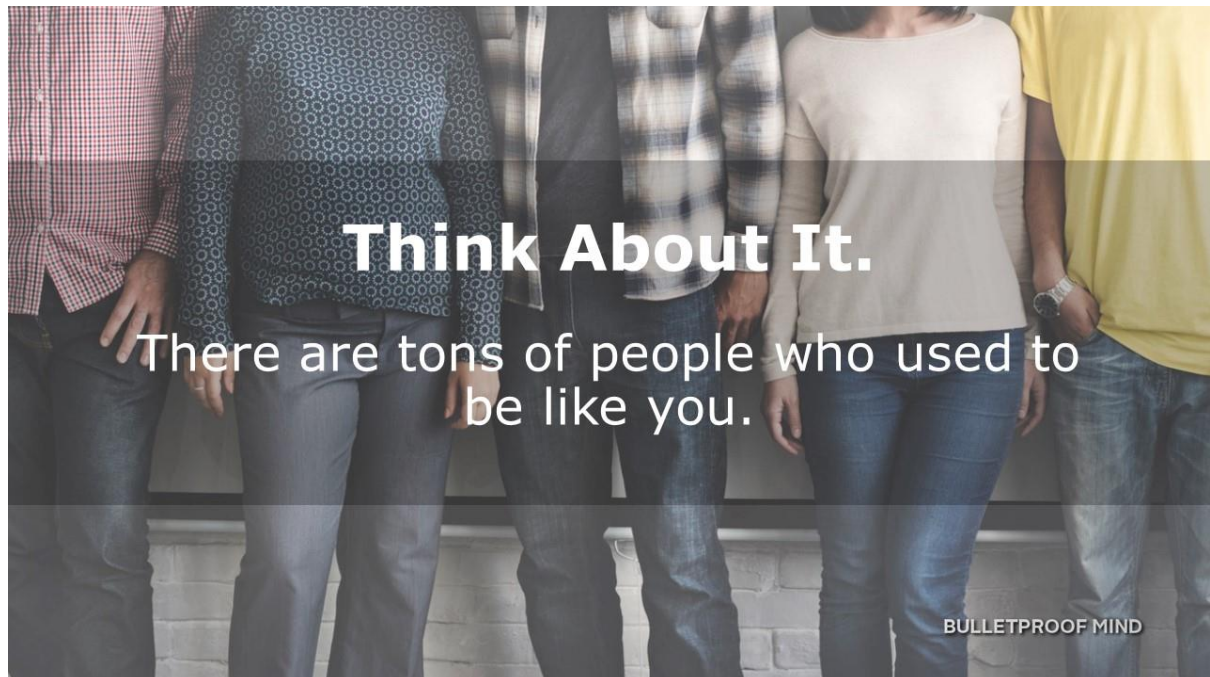


S1: By now, your mind is unstoppable. You're racing towards your goals, and no matter how many bullets come your way, you get past them or not afraid of it. Your life has improved immensely, and you never hit any plateaus instead climb mountains that get taller and rockier.



S2: There is one more trap you must not fall in, and that's **the trap of**

selfishness. We did an entire section about empathy. You must listen to other people and learn from their experiences if you want to grow as a person. As you keep reaching your goals, you should not find yourself only doing it for yourself.



S3: Think about it. There are tons of people who used to be like you. They're negative, and while they may have purposes, they put no effort into accomplishing them. No time is spent trying to improve on themselves. Their minds succumb instantly when faced with a mental bullet.

Act like a mentor to these people. Maybe it's your spouse, friend, or coworker who just can't shake the negative energy off. If you know anyone like this, you can go to them and offer your advice. Show them this book, or at least your own version of it.



S4: Now then, just like the idea of too much empathy, you need to remember to keep a balance when spreading the concept of a bulletproof mind to people. You can't just spread it to everyone you see on the street. You'll end up sounding obnoxious to many people.



S5: Instead, talk to some people around your life who do want to improve themselves, but don't know how. These people are sincere with their goals in

their hearts, but their mind just isn't cooperating. You used to be like them, so why not reach out and show them this philosophy?



S6: Here's a simple guideline to helping someone:

- Someone comes up to you with their problems. They want to reach a goal, but are too afraid, or don't want to take any risks.
- You ask them what they've tried to alleviate the problem. Have they tried reaching the goal, or have they sat around, hoping the problem will correct itself?
- If no effort has tried, teach them about being more confident and decisive. Tell them that even if they fail, it's not the end of the world, and it's a learning experience.
- If they succeeded, teach them more about the ways of the bulletproof mind. You helped them once, so they'll be more trusting.
- If they failed, teach them the philosophy of never giving up. Tell them that successful people all around the world have had to fail dozens of times before they succeeded.



S7: Life is just too short to let people suffer. If you're seeing someone who needs your help, listen, and then spread your techniques to them. There are some people who just can't learn unless they have someone teaching them, and by asking if they need help, you'll end up doing a deed that they'll never forget.



S8: That's another little lesson we should discuss before we leave. Don't be afraid to ask for help! Some people think that depending on others is a sign of

weakness, but if you have people who care about you enough to want to help you, that's a good thing. While you shouldn't take advantage of them and be totally dependent, if they have resources to help you accomplish your goal, don't be afraid to ask.